Rainbow Fun
People who love God obey Him.

Materials
• Bible with a bookmark at John 14:15
• 6 glasses
• measuring cup
• light corn syrup
• glycerin (found in most pharmacies)
• water
• cooking oil
• rubbing alcohol
• red, yellow, green, and blue food coloring
• 4 spoons

Introduction
God’s instructions help us know the best way to live. Watch what happens when I follow these instructions.

Presentation
Read the directions aloud as you complete each step. Or have an older child read aloud as you work.

1. Set out the glasses and pour a half cup of each liquid into separate glasses in the following order: light corn syrup, glycerin, water, cooking oil, rubbing alcohol.

2. Using separate spoons, stir several drops of food coloring into the liquids: red into light corn syrup, yellow into glycerin, green into water, none into cooking oil, blue into alcohol.

3. Pour about 1” of each liquid into the remaining glass as follows: (A) pour red into the center of the glass without letting liquid hit the side; (B) tilt the glass and pour yellow into the point where red meets the side of the glass (see sketch a); (C) pour green liquid down the side of the tilted glass; then clear; then blue. Each liquid should float on the top of the previous liquid. Hold the glass upright to see the rainbow (see sketch b).

Conclusion
Following these directions helped me make a rainbow. Following God’s directions or commands is even better! They help us know the best way to live. Read John 14:15 aloud. Because I love God, I want to obey Him. Ask God’s help in obeying.

If you love me, keep my commands.
John 14:15
Discussion Questions

1. What would have happened if I hadn’t followed the directions?

2. Being honest is a direction or command God wants us to obey. What are some of the results of being honest? (parents and friends trust you and like to be with you, teachers know they can depend on you)

3. What are some ways you can show love for God and obey His commands? (be honest, care about the needs of others)