

Lesson 4

Getting Crafty

Heart Plaque

What Each Child Needs

12x12-inch (30.5x30.5-cm) piece of wood at least $\frac{1}{2}$ inch (1.3 cm) thick

pencil

hammer

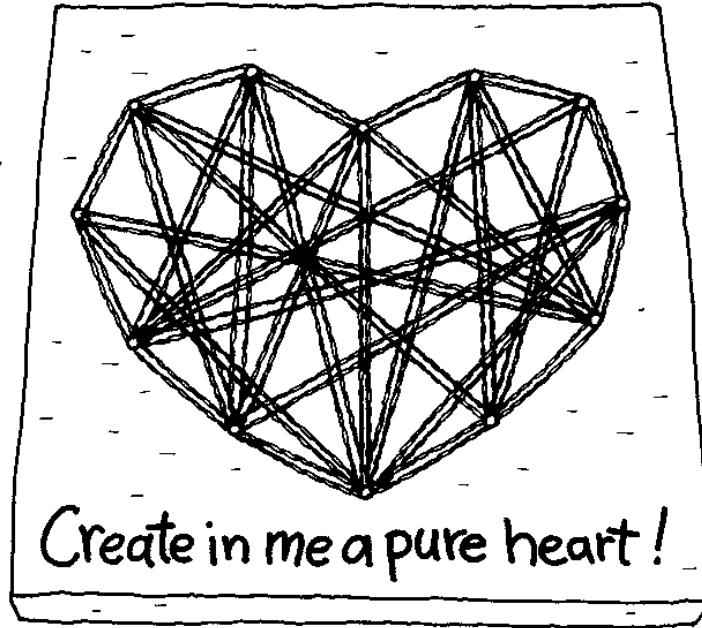
12 to 15 nails at least 1 inch
(2.5 cm) long

3 yards (91 cm) long of yarn or
embroidery thread

permanent marker

scissors

optional—acrylic paint,
paint brush



What Each Child Does

1. (Optional: Paint the block of wood before you begin the project.) Using a pencil, draw a large heart shape on the block of wood. Have an adult help you pound nails about $\frac{1}{4}$ inch (.6 cm) into the wood along the pencil line heart, leaving about $1\frac{1}{2}$ inches (4 cm) in between each nail.
2. Choose a starting nail and tie the end of the yarn tightly to the nail. Begin threading the yarn to other nails to create a pattern. As you reach each new nail, wrap the yarn tightly around the nail before moving on to the next one. Continue going back and forth between nails until you've run out of room on the nails or you've run out of yarn.
3. When you are finished with your pattern, tie the end of the yarn tightly to one of the nails.
4. Using a permanent marker, write "Create in me a pure heart!" under or around the yarn pattern.