

## Lesson 8

# Getting Crafty

## Caring Headband

### What Each Child Needs

8-inch (20.5-cm) square of pink or light-colored craft foam  
pencil  
permanent marker  
scissors  
6x12-inch (15x30.5-cm) piece of craft foam (any color)  
stapler  
craft glue  
various craft foam cutouts or sequins



### What Each Child Does

1. Using a pencil, draw a large heart shape on the pink or light-colored craft foam. Write "I have a caring heart!" on the heart with a permanent marker. Cut out the heart shape.
2. Cut the other piece of craft foam in half lengthwise. Lay the pieces end to end and have an adult help you staple them together in the middle to form one long band. Glue the heart in place in the center of the band covering the staples.
3. Glue pieces of craft foam or sequins to the headband to decorate it as much as you like.
4. With an adult's help, when the headband has had time to dry, measure it around your head and staple the ends together.