

Sunday

Dear Journal,
Today I treated _____
the way I want to be treated.

Monday

Dear Journal,
Today I treated _____
the way I want to be treated.

Tuesday

Dear Journal,
Today I treated _____
the way I want to be treated.

Wednesday

Dear Journal,
Today I treated _____
the way I want to be treated.

Thursday

Dear Journal,
Today I treated _____
the way I want to be treated.

Friday

Dear Journal,
Today I treated _____
the way I want to be treated.

Saturday

Dear Journal,
Today I treated _____
the way I want to be treated.

Dear Journal

Jesus wants us to treat others the way we want to be treated. But that can sometimes be hard. "Treated" means the way we acted toward someone. Write in your journal for today. Then each day this week you can write on the journal page for that day. When you do, take a minute to pray for the person you named. Then with the extra space you might write a few words about how you treated that person.